



LANGARA FISHING LODGE

3SIXTY5 MEDICAL

COVID-19 Operational Plan

Operational Safety Plan

1 July 2020



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1.0 PURPOSE

This document details Langara Fishing Lodge's plan to commence operations at Langara Island, Haida Gwaii, following the Phase 3 restart of the BC economy due to COVID-19, and respecting the 3-week assessment period requested by the Council of the Haida Nation.

The purpose of this Operational Plan is to ensure the safety of our employees and guests, and to address the safety concerns of the Haida Gwaii community. The plan describes in detail how Langara Fishing Adventures (LFA) intends to comply with the relevant guidance of the B.C. Provincial Health Officer and the B.C. Government (through WorkSafeBC).

In general, the following WorkSafeBC guidelines will be followed:

- [WorkSafeBC: Accommodation: Protocols for returning to operation](#)
- [WorkSafeBC: Restaurants, cafés, and pubs: Protocols for returning to operation](#)

This plan details the measures being undertaken that are specific to our operations.

In developing these plans, LFA has partnered with 3sixty5 Medical to provide procedural recommendations at all stages of our operations, including sourcing of approved masks and other personal protection equipment, ongoing monitoring of staff, pre-trip health screening of guests, and social distancing practices during transit and at the lodge.



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1.1 BACKGROUND

About Langara Fishing Lodge

Langara Fishing Lodge (LFL) has been operating at Langara Island, Haida Gwaii, since 1985. Over the past 36 years we have introduced travellers from around the world to the beauty of Haida Gwaii.

Situated 60km west of Masset, Langara Island is accessible only by boat, floatplane or helicopter. Lodge guests are transported to the lodge via a charter aircraft from Vancouver to northern BC, followed by a charter helicopter or floatplane flight to Langara Island.

Langara Fishing Lodge has been a registered operator with the Council of the Haida Nation since 1988.

About 3Sixty5 Medical

3sixty5 Medical has extensive experience in providing remote medical services in challenging environments, often long distances from the nearest hospital. The company boasts an infrastructure with 24/7/365 access to physicians with specialized knowledge and experience in managing all types of patients, from first aid to critically ill. 3sixty5 Medical provides on-site paramedics and registered nurses trained and equipped to manage all situations and provide urgent evacuation support as needed.

Since 2017, 3sixty5 Medical has provided on-site medical services to LFA. During that time, 3sixty5 Medical staff have had over 400 patient encounters and performed numerous evacuations. In the recent COVID 19 pandemic in B.C., 3sixty5's own Medical Director served as the Regional Medical Director for Critical Care at Fraser Health (B.C.'s most populous health authority).

This first-hand experience from the front lines of the COVID 19 pandemic in B.C. makes 3sixty5 Medical well-suited to support LFA in developing their plans and providing on-site medical services throughout the season.



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2.0 TRAVEL & HEALTH MONITORING

The number one priority of our operations this season will be to ensure no one exhibiting symptoms of an influenza-like illness (ILI) or Covid-19 travels to the lodge or comes in contact with anyone in the Haida Gwaii community.

2.1 Health Screening and Monitoring

Assessing the health conditions of every employee and guest will be of paramount importance, particularly prior to departing from Vancouver for Langara.

- Each employee and guest will be contacted at least 48 hours prior to departure and informed of procedures to be followed at all stages of their trip, including detailed instructions for check-in and travel to the lodge.
- Each employee and guest will be required to complete a pre-departure screening document, attesting to their current state of health and any past contact with a COVID 19 positively-tested person.
- Ongoing health monitoring will take place at the lodge, including employee health checks prior to the start of each shift.
- Following each trip, guests will be asked to report if any member of their party has become ill since returning from the lodge.

2.2 Check-in at YVR

- At check-in, each employee and guest will be asked to reconfirm their health status and will be given a temperature check prior to receiving their boarding pass.
- Face masks will be provided, to be worn prior to boarding and for the duration of the flight.





- Additional face masks will be provided as needed throughout the trip.

2.3 In-flight procedures

- All passengers will wear approved face masks during boarding and throughout the flight.
- Passengers will be reminded of social distancing procedures prior to boarding.
- No in-flight food or drink will be served.
- Additional procedures may be set out by our air carrier.

2.4 Transfer at Prince Rupert Airport

- Travel through our connecting airport will take place entirely 'air-side': no guests or LFL employees arriving on the LFL charter flight will enter the terminal building or surrounding community.
- Helijet staff (pilots and ground crew), may also be housed onsite at Langara Fishing Lodge, to further minimize interaction with Airport staff or surrounding community.
- Face masks will continue to be required while transferring from plane to helicopter.
- Additional safety procedures may be set out by our carrier.

2.5 Arrival at Lodge

- A minimal number of employees will be assigned to meet guests upon arrival, directing them through public areas and to their guest rooms as quickly as possible.

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3.0 LODGE OPERATIONS: GENERAL PRACTICES

In all aspects of our operations, LFA will follow the guidance of the Provincial Health Officer and WorkSafeBC, as outlined in Section 7 (page 18).

3.1 Personal Hygiene

- Maintain good personal and environmental hygiene. Ensure good ventilation. Maintain proper function of toilets, drains and pipes.
- Cover nose and mouth with tissue paper while sneezing or coughing and dispose nasal and mouth discharge properly. Keep hands clean and wash hands properly: before touching eyes, nose and mouth, if there is a need to do so; after handling objects soiled by faeces, respiratory or other body secretions; after touching public installations or equipment, such as escalator handrails, elevator control panels or door knobs.
- People with symptoms of respiratory tract infection or fever should wear a mask and consult a doctor promptly, and let the doctors know the travel history.
- People returning from endemic areas should consult doctors promptly if they have symptoms of respiratory diseases after the trip.

3.2 Physical Distancing

Physical distancing is a strategy to limit the spread of COVID-19. Even if you are symptom free and not part of an at-risk group, you still need to adhere to physical distancing measures. The aim is to do everything possible to limit in-person interactions, while finding new and more protective ways to operate within the physical infrastructure of the workplace.

LFA will reconfigure the workplace, to best extent possible, to maintain appropriate distance between employees and guests.



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3.2 Hand Hygiene

Materials and signage for adhering to hand hygiene will be available throughout the lodge and staff areas, and will include:

- where sinks are available, supplies for handwashing (i.e., liquid soap and disposable towels); lidded receptacles for used tissue paper disposal;
- easily accessed dispensers of at least 60% alcohol-based hand rub.

3.4 Personal Protective Equipment (PPE)

All employees and guests will be provided with Personal Protective Equipment (PPE) as needed.

PPE is specialized clothing or equipment worn for protection against infectious materials. It is not intended to replace any other risk control and infection control measures.

LFA will maintain sufficient stock of PPE on site, ensuring its provision to protect employees from exposure to infectious agents in the workplace. The common PPE used include:

- Surgical mask: Wear a surgical mask to protect mucous membranes of the nose and mouth during procedures that are likely to cause exposure to blood or body fluids (for example, in case of handling or segregating heavily soiled linen sheets or laundering items of hotel clients.)
- Gloves: Wear disposable gloves when touching blood, body fluids, mucous membrane, or contaminated items. Remove gloves promptly after use and perform hand hygiene immediately. Gloves do not replace hand hygiene.
- Cloth face mask: To be worn off hours or at any time when physical distancing measures can not be maintained.



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4.0 LODGE OPERATIONS: FISHING

4.10 On the Water

- Employees and guests will pay attention to physical distancing at all times. When it is not possible to maintain a consistent 2-metre (6 foot) distance then a facemask will be worn.
- Hand sanitizing products will be available for use immediately following any encounters that bring participants closer than physical distancing requirements.
- Vessel surfaces and gear utilized by guests will be disinfected periodically through the day and following the end of a guided activity or trip.

4.11 Fish Processing

- Fish cleaning will take place in a workstation that allows appropriate physical distancing and safety guidelines to be followed.
- Provincial and federal guidelines for fish processing will be followed. Additionally, the exterior surfaces of packaging will be disinfected prior to preparation for transport.



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5.0 STAFF GUIDELINES

Employees must:

- Practice physical distancing by working more than 2 metres (6 feet) apart from co-workers whenever possible
- Continue to follow all other safe work procedures. If it is unsafe to work, talk to your supervisor.
- Stay in quarters if they are sick or might be sick.
Use the BC Ministry of Health for self-assessment: <https://bc.thrive.health/covid19/en>
- Avoid touching their face
- Wash their hands at the start of their shift, before eating or drinking, after touching shared items, after using the washroom, after touching common items, and at the end of their shift.

5.1 Season Start-up

5.1.1 Employee screening, by 3sixty5 Medical

- Employees will be screened for influenza-like illness (ILI) or COVID 19 symptoms in the week prior to departing for the lodge.
- Employees shall report any symptoms of COVID-19 immediately.
- Employees shall be monitored daily throughout the season, including a health check prior to the start of each shift. Results will be documented in daily guide logbooks or Lodge records.



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5.1.2 Employee education

- Employees will read this action plan and be encouraged to provide feedback or questions to ensure responsibilities are clearly understood.
- Employees will be provided with and required to read BCHO materials regarding cleaning and disinfecting.
- Posters will be placed around the facility to remind employees on social distancing, good hygiene, symptoms of COVID-19, and current or new health mandates.

5.1.3 Employee training

- Employees will receive training on basic infection control, including washing hands with soap and water for at least twenty seconds as frequently as possible or using hand sanitizer, covering coughs or sneezes (into the sleeve or elbow, not hands), regularly cleaning high-touch surfaces, and not shaking hands.
- Employees will receive training on preparing and using cleaning and/or sanitization products.
- Employees will receive training in proper wearing of protective gear, handling and disposing of waste, garbage or materials that require cleaning.
- Vessel operators must have a thorough understanding and training for proper behaviour during the period that Covid-19 pandemic precautions remain in place. This shall include the mandatory use of facemasks and outerwear appropriate to minimize exposure or possible transmission of COVID-19.
- Employees will also be trained to recognize COVID-19 signs and symptoms.

5.2 Employee Hygiene

- Employees will wear cloth face coverings in accordance with BCHO guidelines and when consistent 2 metre



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(6 foot) physical distancing is not possible.

- Must perform regular and thorough hand washing, or the application of at least 60% alcohol-based hand sanitizer (denatured ethyl alcohol or isopropyl alcohol)
- Employees must wash or change all clothing and outerwear after each trip and daily.
- No common food sources will be permitted (e.g., shared bags of chips, community beverages). Single use serving units and single use cups/plates/utensils for all food served out in the field and in the lodge will be utilized.
- All food handling will be administered by staff who will follow BC Ministry of Health and BC Health Office Covid guidelines for food handling and preparation.

5.3 Physical distancing

- Employees will pay attention to physical distancing at all times. When it is not possible to maintain a consistent 2-metre (6 foot) distance then a facemask will be worn.
- Physical barriers, such as plexiglass shields, shall be installed at contact points where physical distancing is not possible: Lodge store, Lodge office, food service counters.

5.4 Sanitation

- Vessel surfaces and gear utilized by clients will be disinfected periodically through the day and following the end of a guided activity or trip.
- Public lodge areas will be cleaned daily as per hospitality facility guidelines.
- Commonly touched surfaces within lodging or on vessels will be disinfected throughout the day.



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- Hand sanitizing products will be available for use immediately following any encounters that bring participants closer than physical distancing requirements.
- Rooms/cabins will be cleaned and disinfected following each trip.
- BC Health Guidelines for food handling, including fish processing, will be adhered to.

5.5 Guest interactions

- All aspects of lodge operations will be reviewed to minimize interactions between staff and clients, including the installation of physical barriers, such as plexiglass shields.
- No cash payments for purchases or gratuities will be accepted, to minimize material transactions.

5.6 On-site Medical Support and Precautionary Measures

3sixty5 Medical's on-site staff at Langara Island will ensure guests and employees are following proper social distancing and personal hygiene procedures. They will be available to address questions, and any possible concerns if a guest or employee begins to show symptoms common to an Influenza-like illness (ILI).

- Employee Daily Screening – Employees or owner/operators will be screened for symptoms. If an employee presents with influenza-like symptoms or COVID -19, they will be immediately isolated and quarantined.
Self-Assessment: <https://bc.thrive.health/covid19/en>
- Daily results will be documented in a health log workbook/worksheet to demonstrate regular screening and as record. Symptoms include: Cough, breathing difficulties, loss of smell or taste
- Staff or guests who experience symptoms must report them immediately. Temporary isolation must begin immediately until it can be determined, by a negative test result or no symptoms for 48 hours, that symptoms are not Covid-19.



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CDC self-isolation guidance: <http://www.bccdc.ca/health-info/diseases-conditions/covid-19/self-isolation>

- If testing for COVID-19 is available, the individual will remain in isolation until the results confirm status. Those who test negative for COVID-19 may return to their rooms but may not return to work until symptom free for 72 hours. When leaving the room for any reason, individuals will wear a facemask, wash/sanitize hands frequently and maintain physical distancing including from others in isolation.

5.7 Procedures for staff or guests who become ill

Anyone showing positive signs of symptoms common to ILI or COVID 19 will be immediately isolated and evaluated by 3sixty5 medical staff.

If the person is showing positive signs of ILI symptoms — fever, cough, fatigue, myalgias, shortness of breath, loss of taste — the following procedures will be followed:

- Person will be immediately isolated.
- Will wear a surgical mask.
- They will be evaluated by the on-site 3sixty5 Medical staff, and Medical Director will be consulted.
- A decision on medical evacuation will be made.
- If evacuation has been recommended, 3sixty5 Medical will coordinate with Northern Health Authority and Helijet to facilitate a transfer to Prince Rupert or Vancouver.
- If evacuation is not recommended, the infected person will be quarantined to a room by themselves and closely monitored by the on-site Medical Staff.



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5.8 Staff Accommodations

- Each staff member will be provided single room accommodations
- Staff common areas will have limited occupancy levels set, to ensure adequate space for distancing.
- Hand washing and sanitizing stations will be provided throughout staff areas.

5.9 Staff Dining

- Discontinuing any service stations that require staff to use common utensils or dispensers.
- Seating will be rearranged to ensure physical distance guidelines can be observed. When not possible, barriers will be placed.
- Ensure adequate spacing between staff while in line for service in accordance with the applicable provincial requirements (at least 2 metres).

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6.0 GUEST GUIDELINES

The following guidelines will be provided to our guests in the form of a pre-trip document, outlining Guidelines and Practices to be observed at the lodge...

Guests will be informed of the following:

- If you have underlying medical conditions, it is recommended that you not visit our facility.
- Anyone displaying symptoms of an influenza-like illness (ILI) or COVID-19, which primarily displays as a persistent cough, will not be permitted on the premises. If you are sick, stay home.
- You must not travel or come to our facility or business if you live in a household with someone who has COVID-19 or is showing symptoms of ILI or COVID-19.
- Maximize physical distancing.
- Where a 2-metre (6 feet) minimum distance cannot be maintained, a facemask must be worn.
- All guests will be informed of necessary travel precautions and preparations prior to their arrival.
- Facemasks are mandatory and will be provided to all guests, as needed. Guests will also be encouraged to bring facemasks they are already comfortable wearing, and wear them whenever in proximity to others who are not part of your known circle.
- Washrooms on the premises are disinfected frequently; hand sanitizers are available.



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6.1 Prior to Trip Departure

- As it becomes available, testing for COVID-19 before you leave your community and prior to departing for the lodge will be recommended. Anyone found to be infected will not be able to travel to the lodge.
- While it is discouraged, if you do need to stop for any reason while travelling to your destination you must adhere to BCHO guidelines and use a facemask. Sanitize or wash your hands prior to entering and after leaving a business. Local guests will be urged to use private vehicles when travelling to YVR, to minimize interacting with other travelers and locals, and to comply with current BCHO health and safety guidelines.
- Once you have reached the lodge, movement outside of the lodge property will not be permitted except for fishing or hosted activities.

6.2 At the Lodge

- Once you arrive at the lodge, facemasks are recommended in any shared public areas and whenever in proximity to other guests or employees, particularly when physical distancing (2 metres) is not possible.
- Guests should not depart from the property or facilities for any reason other than fishing activities.
- Whenever using the restrooms located within the lodge, guests must wash their hands thoroughly after use.
- Do not share your food, beverages, or clothes.
- Please make sure to keep any gear other than your Mustang suit in your personal room to reduce or eliminate potential contamination.
- Only lodge personnel will be allowed in smaller, more confined, areas such as the dock house, fish cleaning or equipment areas.



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6.3 Guest Rooms

- Rooms with more than one bed will have beds arranged head-to-toe.
- Guest rooms will not be cleaned during the trip. Fresh linen/towels/toiletries can be provided as needed and will be left outside the room.
- Between trips, rooms will be vacant for 3 hours prior to being cleaned by staff.

6.4 Dining

- Dining tables will be arranged to provide adequate spacing between guest groups.
- If needed, separate seatings will be scheduled.
- Menus will not be printed. Menus will be delivered electronically, or displayed at entrance to dining room.

6.5 On the water

- We cannot always maintain physical distancing while fishing, but we can take other steps while on board:
- Always wear your facemask while on board the boat with others.
- Do not share your food, beverages, or clothes.
- Fishing rods and reels will be disinfected frequently during the day.
- Assign particular rods to each angler, to avoid unnecessary contact.

6.6 After your trip

- All guests will be contacted within two weeks following their trip, and asked to reply if they have developed any Covid type symptoms.



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7.0 PUBLIC HEALTH DIRECTIVES

7.1 Provincial Health Officer

The Provincial Health Officer is the senior public health official for B.C. and is responsible for monitoring the health of the population across the province, providing independent advice to the ministers and public officials on public health issues.

The responsibilities of the Provincial Health Officer (PHO) are outlined in the Public Health Act and include the following:

- Provide independent advice to the ministers and public officials on public health issues.
- Monitor the health of the population of B.C. and advise on public health issues and on the need for legislation, policies, and practices.
- Recommend actions to improve the health and wellness of the population of B.C.
- Deliver reports that are in the public interest on the health of the population and on government's progress in achieving population health targets.
- Establish standards of practice for and conduct performance reviews of Medical Health Officers; and
- Work with the B.C. Centre for Disease Control and Prevention and B.C.'s Medical Health Officers across the province to fulfill their legislated mandates on disease control and health protection.



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7.2 WorkSafeBC DIRECTIVES

WorkSafeBC helps businesses meet their obligations under the Workers Compensation Act and the Occupational Health and Safety Regulation. All employers in British Columbia have an obligation under the Act to ensure the health and safety of workers and other parties at their workplace.

With respect to COVID-19, that responsibility includes protecting workers by following the orders issued by the office of the Provincial Health Officer, guidance provided by the BC Centre for Disease Control and the latest news released from the government. In addition, employers must implement policies and procedures to protect workers from the risk of exposure to COVID-19.

The following guidelines are relevant to operations at Langara Fishing Lodge, and are being adhered to:

- Guidelines for Restaurants, Cafes and Pubs:
<https://www.worksafebc.com/en/about-us/covid-19-updates/covid-19-returning-safe-operation/restaurant-cafes-pubs>
- Guidelines for Accommodations:
<https://www.worksafebc.com/en/about-us/covid-19-updates/covid-19-returning-safe-operation/accommodation>



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...WorkSafeBC Directives cont.

Workers should know and understand their workplace health and safety responsibilities — and those of others. Workers have three key rights:

- The right to know about hazards in the workplace.
- The right to participate in health and safety activities in the workplace.
- And the right to refuse unsafe work.

Workers in B.C. have the right to refuse work if they believe it presents an undue hazard. An undue hazard is an “unwarranted, inappropriate, excessive, or disproportionate” risk, above and beyond the potential exposure a general member of the public would face through regular, day-to-day activity. In these circumstances, the worker should follow some specific steps within their workplace to resolve the issue. The worker would begin by reporting the undue hazard to their employer for investigation and the employers would then need to consider the refusal on a case-by-case basis, depending on the situation.

If the matter is not resolved, the worker and the supervisor or employer must contact WorkSafeBC and a prevention officer will then investigate and take steps to find a workable solution for all involved.

If entering the workplace, workers should:

- Comply with the employer’s instructions around minimizing exposure to COVID-19.
- Wash their hands frequently, and/or use hand sanitizer.
- Take steps to minimize exposure to COVID-19 while away from work.



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